

SSC GD Constable Syllabus 2026

Staff Selection Commission — General Duty Constable in CAPFs, SSF & Rifleman (GD) in Assam Rifles

Vacancies	Large-scale annual recruitment across BSF, CRPF, CISF, SSB, ITBP, NIA, SSF and Assam Rifles
Age Limit	18–23 years (as on the notified cut-off date; standard relaxation for reserved categories & ex-servicemen)
Qualification	Passed Class 10 (Matriculation) from a recognised Board
Application Fee	■100 (General/OBC/EWS male candidates). Women and SC/ST/ESM candidates are exempted.
Official Website	ssc.gov.in
Last Reviewed	11 Jul 2026

Overview

SSC GD Constable is one of India's largest annual recruitment drives, filling General Duty Constable posts across the Central Armed Police Forces (BSF, CRPF, CISF, SSB, ITBP), the National Investigation Agency, the Secretariat Security Force and Rifleman (GD) posts in the Assam Rifles. With lakhs of applicants competing for a comparatively modest number of seats, both the written exam and physical fitness stages are highly competitive. Selection blends a single computer-based objective test with a Physical Efficiency Test, Physical Standard Test, a detailed medical examination and document verification — meaning fitness training matters just as much as classroom preparation.

What's New in the 2026 Cycle

- Single-stage CBE (no separate Tier II) — merit is based directly on the one computer-based test, followed by PET/PST.
- PET/PST standards (race timing, height, chest for male candidates) vary by category, gender and the specific recruiting force/state.
- Medical examination standards are strict given the field and combat-support nature of the posts.
- Very high applicant-to-vacancy ratio historically, making sectional accuracy in the CBE especially important.

Exam Pattern

Computer-Based Examination (CBE)

Mode: Online, objective MCQ | Duration: 60 minutes (extra time for eligible PwD candidates)

Section	Questions	Marks
General Intelligence & Reasoning	20	40
General Knowledge & General Awareness	20	40
Elementary Mathematics	20	40

English/Hindi	20	40
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Negative marking: 0.25 mark deducted per wrong answer | **Nature:** Used to shortlist for PET/PST; also forms the basis of the final merit list.

Physical Efficiency Test (PET) & Physical Standard Test (PST)

Mode: Field test — running, height, chest (male) & weight measurement | Duration: Conducted on scheduled test dates

Section	Questions	Marks
Race (category & gender-specific distance/time)	—	Qualifying
Height, Chest (male) & Weight measurement	—	Qualifying

Negative marking: Not applicable — qualifying (pass/fail) only | **Nature:** Mandatory; standards vary by category, gender and recruiting force/state domicile quota.

SSC GD Constable — Detailed Subject-Wise Syllabus

General Intelligence & Reasoning

Set at a Class 10 level — focus on accuracy and speed on fundamentals rather than advanced reasoning types.

- Analogies & similarities
- Spatial visualisation
- Arithmetic reasoning
- Figural classification & coding-decoding
- Problem-solving & analysis
- Visual memory, discrimination & observation
- Non-verbal series

General Knowledge & General Awareness

Broad current-affairs and static GK mix — steady daily revision beats cramming given the huge syllabus scope.

- Current affairs — national & international
- India and neighbouring countries
- History, culture & geography of India
- Indian Constitution & polity basics
- Economic scene, general science & everyday observation

Elementary Mathematics

Class 10-level arithmetic and basic algebra — most candidates can master this with consistent practice.

- Number systems, whole numbers & decimals
- Fundamental arithmetical operations
- Percentage, ratio & proportion, averages
- Interest, profit & loss, discount
- Mensuration, time & distance, time & work
- Basic algebra & data interpretation

English / Hindi

Basic comprehension and grammar at a Matriculation level — choose whichever medium you're genuinely more comfortable in.

- Basic grammar & sentence structure
- Vocabulary & spellings
- Comprehension of simple passages
- Fill in the blanks & error detection at a Matriculation level

Selection Process

- 1 Computer-Based Examination (CBE).
- 2 Physical Efficiency Test (PET) and Physical Standard Test (PST).
- 3 Detailed Medical Examination (DME) & Review Medical Examination if applicable.
- 4 Document Verification.
- 5 Final merit list based on CBE marks, subject to clearing PET/PST/DME.

Salary & Job Profile

Constable (GD) posts are placed in Pay Level 3 (₹21,700–₹69,100) of the 7th CPC matrix, along with Dearness Allowance, HRA, Transport Allowance, Ration Money Allowance and other force-specific allowances depending on posting and operational deployment.

Best Books for Preparation

- Lucent's General Knowledge
- Fast Track Objective Arithmetic — Rajesh Verma (Arihant)
- A Modern Approach to Verbal & Non-Verbal Reasoning — R.S. Aggarwal
- Objective General English (basic level) — S.P. Bakshi (Arihant)

Previous Cut-off Trends (Approximate)

SSC GD Constable CBE cut-offs vary sharply by state/region-specific vacancy allocation, category and gender, given the very high applicant volume — recent cycles have seen wide swings year to year. Since PET/PST elimination is significant, always check the state-wise and category-wise official cut-off list rather than a single national number.

Preparation Tips

- Start PET training (timed 1.6 km/5 km runs depending on category) at least 3–4 months before the exam — this is where large numbers of candidates get eliminated.
- The CBE syllabus is at a Class 10 level; prioritise accuracy and speed on fundamentals over advanced topics.
- Practise both English and Hindi comprehension if you're flexible on the medium, since some candidates find one noticeably easier.
- Get a basic medical check (height, weight, vision, tattoos policy per force) done early to flag any issues before the DME stage.

Exam Day Guidelines

- Carry your Admit Card and a valid original photo ID — no exceptions are made for missing documentation.
- Start PET training (timed runs) at least 3–4 months in advance; this is where a large share of otherwise-qualified candidates are eliminated.
- Avoid heavy meals or exertion immediately before the PET race; pace yourself according to your practised timing, not the fastest runner near you.
- Carry basic medical documents if you have any pre-existing, declarable conditions, to avoid delays at the medical examination stage.

Frequently Asked Questions

What is the qualification required for SSC GD Constable?

Class 10 (Matriculation) pass from a recognised Board is the minimum qualification for all forces covered under SSC GD Constable recruitment.

Which forces recruit through SSC GD Constable?

BSF, CRPF, CISF, SSB, ITBP, the National Investigation Agency, the Secretariat Security Force, and Rifleman (GD) posts in the Assam Rifles.

Is there negative marking in SSC GD Constable CBE?

Yes, 0.25 marks are deducted for every wrong answer in the Computer-Based Examination.

Do PET standards differ between forces?

Yes, race timing, height and chest requirements can vary slightly by recruiting force, gender, category and, in some cases, state/region-specific relaxations — always check the specific notification.

Is there a written test after the physical stage?

No — the CBE comes first and decides who advances to PET/PST; there's no second written stage. Final merit is based on CBE marks, subject to qualifying every later stage.

Compiled and reviewed by Syllabus Hub against the official Staff Selection Commission notification as of 11 Jul 2026. Exam patterns, vacancies and dates are subject to change — always cross-check with the official notification at ssc.gov.in before applying. © 2026 Syllabus Hub.